



The Transformer

A Publication of Energetic Transformations, Inc.
Applying the Laws of Metaphysics in Everyday Life ®

November 2008



Manifestation

Abundance Ministry of Virginia

Gratitude is the Key

Last week I had a discussion with a successful business woman who had decided to give the power of gratitude a chance to work in her life. Instead of *asking* the Universe for the \$40,000 she needed for her business, she *thanked* the Universe for providing the funds. She did this consistently with a truly grateful heart and full belief that the Universe would provide. The result was a check for \$41,350.

This spiritual and energetic practice is not new. The power of gratitude in manifestation has been one of the lessons of the Masters for thousands of years and appears in the volumes of sacred law of every major religion. Moreover, it works every single time without fail. However, the degree to which your desires become manifest to you depends upon your clarity of desire, your openness of heart, and your level of resistance.

Gratitude Journal

If you find you have resistance to gratitude in your life, try keeping a gratitude journal. Every day upon waking or before going to bed, start a clean page in your journal and write a list of everything you are grateful for in your life. If you have trouble making a list, start with the things we all often fail to be grateful for; life, shelter, food, water, sight, smell, hearing...the list lengthens quickly. And one more thing...smile. Nothing will transmute your energy and that of those around you like a smile.

Online Discussions

We have a wonderful on-line discussion board at www.metaphysicalmind.net.

Over the past year I have mentioned to some of you that the time was coming to create a new metaphysical ministry here in Northern Virginia; a trans-denominational ministry that focuses on what we all have in common, not how we differ. A ministry of energetic laws to further enlighten those already on a spiritual path and guide those who have no path. In the coming weeks I will be reaching out to some of you and asking you to consider making a commitment to help direct this ministry. If you do not hear from me but feel the Universe is calling you to this work, please make yourself known by sending me a note.

Rev. David

Meetings & Events

Special Notice: The Mind, Body, and Spirit group will not meet on November 8th. We will resume our normal schedule on Nov 22nd.

Mind, Body, & Spirit Life Makeover Group
2nd and 4th Saturday every month, 9 A.M.
Starbucks Coffee, 531 East Market St,
Leesburg, VA

Constant Contact Service

We will soon start using the Constant Contact e-mail service to provide inspirational and informative messages. Not only does this system protect your privacy, it allows you to customize your communication preferences.

Rev. David and Dr. Thresa Lang

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